Glenna L. Howell, Ph.D., Psy.D.

Curriculum Vitae

Associate Professor of Language Arts

Division of Education
Governors State University
One University Parkway
University Park, IL 60484-0975
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ACADEMIC PREPARATION

Psy. D., Clinical Psychology; Illinois School of Professional Psychology (APA Accredited), Chicago, Illinois

Dissertation Title: "Narratives of an Incest Survivor and Chronic, High-risk Mental Patient: Psychodynamic Analysis of Themes and Metaphors"

Ph. D., Language Arts Pedagogy; Clinical Psychology minor; University of Missouri, Kansas City, Missouri

Dissertation Title: "The Effects of Affective Training on Test Anxiety and Reading Test Performance of Students in Reading Improvement Classes"

M. A., English Education; University of Missouri, Kansas City, Missouri

B. A., English Language and Literature; Art History minor; University of Missouri, Kansas City, Missouri

SUPERVISED CLINICAL EXPERIENCE

Postdoctoral Fellow

Riverside Medical Center, Kankakee, Illinois, 2008-2009

- Conduct therapeutic and psychoeducational groups for adults, adolescents, and children admitted to the Mental Health Unit.
- Conduct family therapy with families of patients admitted to the Mental Health Unit.
- Provide individual therapy to inpatient adults, adolescents, and children.
- Lead psychoeducational groups for parents of inpatient children and adolescents.
- ❖ Facilitate outpatient support group for divorced individuals.
- Administer and interpret diagnostic batteries of psychological assessments (Rorschach, TAT, MMPI-2, Bender Gestalt, WISC or WAIS, projective drawings, and others as necessary).
- Review and edit diagnostic battery reports written by four doctoral externs assigned to the Mental Health Unit.
- Administer and interpret neuropsychological assessments of geriatric patients and head trauma victims admitted for medical/surgical procedures on other hospital units.
- Perform mental health evaluations on patients brought to ER to determine suitability for inpatient treatment on the Mental Health Unit.
- Conduct discharge planning for Mental Health Unit inpatients.

Participate in daily rounds with staff psychiatrists and monthly inservice presentations with Mental Health Unit staff.

Supervisor: Barbara J. Mann, Psy.D. and Timothy W. Pedigo, Ph.D. Hours: 1785

Intern

Riverside Medical Center, Kankakee, Illinois, 2004-2005

- Provide individual therapy to inpatient adults, adolescents, and children.
- ❖ Co-lead psychoeducational groups for parents of inpatient children and adolescents.
- ❖ Co-lead outpatient support group for divorced individuals.
- ❖ Administer and interpret diagnostic batteries of psychological assessments (Rorschach, TAT, MMPI-2, Bender Gestalt, WISC or WAIS, projective drawings, and others as necessary).
- Review and edit diagnostic battery reports written by four doctoral externs assigned to the Mental Health Unit.
- Perform mental health evaluations on patients brought to ER to determine suitability for inpatient treatment on the Mental Health Unit.
- Participate in discharge planning for Mental Health Unit inpatients.
- Participate in daily rounds with staff psychiatrists and monthly inservice presentations with Mental Health Unit staff.
- ❖ Weekly Supervision: One hour per week with a licensed clinical psychologist for individual psychotherapeutic, psychodiagnostic, and neurodiagnostic responsibilities; two hours per week of group supervision with a licensed clinical psychologist in case conference format for individual and group psychotherapeutic responsibilities.

Supervisor: Barbara J. Mann, Psy.D. Hours: 1800

Extern, Psychotherapeutic

Cancer Support Center, Homewood, Illinois, 2002-2003

- Conducted weekly psychotherapy with individual adults, couples, and families. Presenting issues included anxiety, depression, relational problems, parenting problems, and characterological disorders as manifested during the crisis of life- threatening illness. Short-term, problem-focused, and longer-term, psychodynamic therapies were utilized, depending upon clients' needs.
- Conducted weekly psychotherapy with three groups of adults, two groups of individuals with cancer and one with caregivers.
- Conducted, with licensed clinical child psychologist, a structured therapy group for children of parents with cancer.
- ❖ Facilitated three monthly networking (psychoeducational) groups, for individuals with breast cancer, with prostate cancer, and with multiple myeloma.
- Conducted diagnostic intake interviews, wrote initial evaluations, and recommended therapeutic interventions available at the Center.
- Participated in outreach services to various area civic and religious groups, providing overview of Center services as well as general information concerning typical affective and cognitive responses to cancer diagnosis and treatment.
- Participated in weekly staff meetings and in-service presentations.
- Weekly Supervision: One hour per week with a licensed clinical psychologist for individual psychotherapeutic responsibilities; two hours per week with two licensed clinical psychologists for group supervision in case conference format for intake and group psychotherapeutic responsibilities.

Supervisors: Timothy W. Pedigo, Ph. D. and Stanley Selinger, Ph.D. Hours: 1012

Extern, Psychodiagnostic/Psychotherapeutic

Rock Creek Center, Lemont, Illinois, 2001-2002

Administered, scored, and interpreted intellectual, projective, and personality measures in an in-

- patient facility for adults and adolescents.
- Prepared diagnostic reports for therapists at the facility and various Illinois courts.
- Developed treatment plans and made discharge recommendations in conjunction with therapists, attended weekly staff meetings.
- Co-led a weekly, structured psychotherapy group for female trauma victims/self-injurers, challenging belief systems and encouraging practice of new coping strategies.
- ❖ Weekly Supervision: One hour per week with a licensed clinical psychologist for psychodiagnostic responsibilities; one hour per week with a licensed clinical psychologist for psychotherapeutic responsibilities; one hour of group supervision per week with a licensed clinical psychologist for psychodiagnostic and psychotherapeutic responsibilities.

Supervisors: Jane Conron, Ph. D. and Asif Khan, Psy. D. Hours: 647

COLLEGE/UNIVERSITY TEACHING/ADMINISTRATIVE EXPERIENCE

Associate Professor of Language Arts (Tenured 1993) Elementary and Middle Grades Program Coordinator, Language Arts Program Coordinator, Coordinator of Graduate Testing, College of Education, Governors State University, 1990-present

Associate Professor of Literacy Education (Tenured 1986), Literacy Program Coordinator, Center for Teacher Education and Educational Services, SUNY Plattsburgh, 1986-1990

Associate Professor of Reading and English Education (Tenured 1983), Department of Literature and Languages, Texas A & M University, 1977-1985

Co-Director of the Communication Skills Center; Coordinator of the Reading Center; Coordinator of Reading Instruction; Coordinator of Developmental Composition; Department of Literature and Languages; Texas A & M University, 1977-1985

OTHER TEACHING EXPERIENCE

Population Demographics for Teaching Experiences Below: K-12 Multiethnic Students; Inner City, Suburban, and Rural Backgrounds; SES Very High to Very Low

Reading Specialist, Sunset Hill Middle and Upper Schools, Kansas City, Missouri, 1977-1978

Director of the Reading Clinic, University of Missouri, Kansas City, Fall and Winter 1977

Assistant Director of HEW Reading Program, Kansas City, Missouri, Public School District, 1976-1977

Director of the Developmental Reading Program, University of Missouri, Kansas City, 1975-1976

Classroom Reading Teacher, McCoy Elementary School, Kansas City, Missouri, Public School District, 1973-1975

Classroom English Teacher, Our Lady of Lourdes Junior High School, Raytown, Missouri, 1970-1973

LICENSE AND CERTIFICATES

Clinical Psychologist, Illinois

English (7-12), Missouri, Kansas, Texas Reading (K-12), Missouri, Kansas, Texas

PROFESSIONAL HONORS AND AWARDS

Recipient of Excellence Award, Governors State University, 1995, 2007

Recipient of Outstanding Teacher Educator Award, presented by Kappa Delta Pi, Theta Kappa Chapter, 1989

Recipient of Outstanding Teaching Award presented by Northeast Texas Council of Teachers of English, 1983

Member of Phi Delta Kappa Honor and Professional Association for Educators

Member of Psi Chi, Honor Association in Psychology

Member of Kappa Delta Pi, Honor Society in Education

CURRENT MEMBERSHIPS IN PROFESSIONAL SOCIETIES

- American Psychological Association
- ❖ Association for Specialists in Group Work
- ❖ Association for Supervision and Curriculum Development
- Association of Teacher Educators
- Children's Literature Association
- International Reading Association College Reading Improvement Special Interest Group, President, 1982-1984 Special Interest Group: A Network on Adolescent Literature, Member of Board of Directors, 1986-1988
- ❖ International Society for the Study of Trauma and Dissociation
- Midwest Psychological Association
- Modern Language Association
- National Council of Teachers of English

GRANTS

Travel to Annual Conference of Teacher Educators to present paper entitled, "Future Teachers Embrace Diversity: A Field-based Approach" in Los Angeles, California and to the Annual Conference of the American Association of Colleges for Teacher Education to present paper entitled, "Meeting the Challenge: Co-teaching and Collaboration" in San Diego, California, Governors State University Alumni Association Faculty Development Grant, \$1200, December 1995

Travel to Annual Conference Of the Association of Teacher Educators to present paper entitled, "Developing a Sense of Family in a Field-based Teaching Laboratory," in Orlando, Florida, Governors State University Alumni Association Faculty Development Grant, \$850, December 1991

"Ability Grouping in a Reading Methods Class at the College Level: A Descriptive Study," National Council of Teachers of English Research Foundation, \$3500, 1991

Travel to Eighth Biennial Whole Language and Literacy Process Winter Workshop, Tucson, Arizona, Governors State University Alumni Association Faculty Development Grant, \$900, December 1990

"Effects of Collaborative Learning Experiences in Writing-across-the-Curriculum Classes in Education," SUNY Plattsburgh Faculty Research Program, \$1000, 1988

"The Adirondack Young Authors Project," North Country Teacher Resource Center Grant, \$1200, 1987

"A Study of the Effects of Content-centered Reading/Study Skills Instruction on the Reading Improvement of Selected College Freshmen and Sophomores," Texas A & M Organized Research Grant, \$7735, 1980

"A Study of the Effects of Content-centered Reading/Study Skills Instruction in History on the Reading Improvement of Selected College Freshmen, Texas A & M Organized Research Grant, \$997, 1979

SCHOLARSHIP

Editor

Assistant Editor, *Trauma Psychology Newsletter*, publication of Division 56 of the American Psychological Association

Books and Book Chapters

"Diversity Education for Preservice Teachers: Strategies and Attitude Outcomes," with K. M. Peterson, L. F. Cross, and E. J. Johnson in T. E. Deering (Ed.), *Issues in Teacher Education*, pp. 143-152. Dubuque, IA: Kendall Hunt, 2001

"Developing Reading and Vocabulary Skills," in *Resources for Teaching Literature*, pp. 24-33, Teachers Manuals to accompany *Adventure in Literature* series (revised editions), Harcourt, Brace, Jovanovich, 1989, 1994

"Forming a Community of Learners in Developmental Reading Courses: *The Lottery Rose* and the Making of a Community of Learners" in *The Whole Language Catalog Supplement on the Learning Community*, edited by Bird, Goodman, and Goodman, American School Publishers, 1993

"Self-evaluation in the Whole Language Classroom: Lessons from Values Clarification," pp. 87-94, in *The Whole Language Catalog Supplement on Authentic Assessment,* edited by Bird, Goodman, and Goodman, American School Publishers,1992

"Measuring School Climate," in *Enhancing School Climate: A Manual for Teachers and Administrators*, pp. 75-85, New York State Education Department, Summer 1988

Enhancing School Climate: A Manual for Teachers and Administrators, a publication of the New York State Education Department, Summer 1987, co-editor

Innovative Learning Strategies, 1985-1986, a publication of the College Reading Improvement Special Interest Group of the International Reading Association, Spring 1986, editor

Innovative Learning Strategies, 1983-1984, a publication of the College Reading Improvement Special Interest Group of the International Reading Association, Spring 1984, editor

Peer-reviewed Articles and Reviews

"Development and Effects of a Writing/Thinking Course in Psychology," with E. J. Johnson, A. Tuskenis, and K. Jaroszewski, pp. 229-236, *Teaching of Psychology*, 2011, 38(4)

"Diversity Education for Preservice Teachers: Strategies and Attitude Outcomes," with K. P. Peterson, L. F. Cross, and E. J. Johnson, pp. 33-38, *Action in Teacher Education*, 2000, 22(2)

"Resolving Conflict: A Review of Selected Videotapes," pp. 29-30, Social Studies and the Young Learner, November/December 1992

"A Model for Field-based Teacher Education," with S. Glenn, pp. 382-397, *Action in Teacher Education*, Summer 1992

"Energizing the School Community: A Research Approach to Practical School Improvement," pp. 29-32, Clearinghouse, September 1989

Review of *Rip Van Winkle* by Washington Irving (Anniversary Re-issue), illustrated by **N.C.** Wyeth in *SIGNAL QUARTERLY*, February/March 1988

"Composition Skills for Education Majors: Instruction and Evaluation," in *Proceedings of the SUNY Council on Writing Conference*, pp. 34-49, Spring 1988

Review of *The Road to Damietta* by Scott O'Dell in *SIGNAL QUARTERLY*, November/December 1987

Review of Bart Conner: Winning the Gold, by Bart Conner with Paul Ziert for SIGNAL QUARTERLY, Spring 1986

Review of Pursuit by Michael French for SIGNAL QUARTERLY, Summer 1985

Review of Mill by David Macaulay for SIGNAL QUARTERLY, Spring 1985

Review of I Love You, Stupid by Harry Mazer for SIGNAL QUARTERLY, Fall 1984

Review of Small-town Girl by Ellen Cooney for SIGNAL QUARTERLY, Summer 1984

Review of Gandhi: A Pictorial Biography, by Gerald Gold for SIGNAL QUARTERLY, Summer 1984

Review of *Cult Movies: The Classics, the Sleepers, the Weird, and the Wonderful* by Danny Peary for *SIGNAL QUARTERLY* (Journal of Special Interest Group-Network on Adolescent Literature of the International Reading Association), Spring 1984

"An Integrative Approach to Developmental English," pp. 33-35, English in Texas, Fall 1979

Textbook Consultant/ Reviewer

Educational Psychology by Roxana Moreno for Wiley & Sons, Winter 2010

Becoming a Reader: A Developmental Approach to Reading Instruction for Allyn & Bacon, Fall 1989

The Riverside Anthology of Children's Literature sixth revised edition for Houghton Mifflin, Spring

1986

Peer-reviewed Papers Presented at Professional Meetings

"Teaching Mindfulness," Symposium with Timothy Pedigo at 122nd Convention of the American Psychological Association, Washington, D.C., August 2014

"Mindfulness Enhances Metacomprehension," at Twenty-fifth Laurentian Regional Conference of the International Reading Association, Montreal, Canada, April 2013

"Mindfulness: Are Tweens Interested? Nonfiction that's Actually Drawing a Bigger Audience These Days," at Southwest Regional Conference of the International Children's Literature Association, Dallas, Texas, March 2012

"Portrait of the Single Parent in Adolescent Literature," at Baylor University's Annual Children's Literature Conference, Dallas, Texas, March 2010

"Themes and Metaphors in Narratives of an Individual with DID," poster, at 117th Convention of the American Psychological Association, Toronto, Ontario, Canada, August 2009

"Predictive Validity of a Writing-Thinking Course in Psychology," poster with E. J. Johnson, A. Tuskenis, and K. Jaroszewski, at 117th Convention of American Psychological Association, Toronto, Ontario, Canada, August 2009

"Development and Assessment of a Thinking-Writing Course in Psychology," with E. J. Johnson, A. Tuskenis, and K. Jaroszewski, at117th Convention of American Psychological Association, Toronto, Ontario, Canada, August 2009

"Symposium: Critical Thinking and Writing in Undergraduate Psychology Programs," with E. J. Johnson (chair), J. S. Halonen, J. M. Slattery, M. Rodriguez-Hayes, and A. Tuskenis, Division 2 Symposium at 117th Convention of American Psychological Association, Toronto, Ontario, Canada, August 2009

"Revising Outcome Assessment in Seeking a Developmentally Coherent Psychology Curriculum" poster with A. D. Tuskenis, E. J. Johnson, and K. Jaroszewski, at 117th Convention of the American Psychological Association. Toronto, Ontario, Canada, August 2009

"Creating, Teaching, and Assessing a Writing/Thinking Course in Psychology" with E. J. Johnson, A. Tuskenis, and K. Jaroszewski, 16th Annual Midwest Institute for Students and Teachers of Psychology, Chicago, Illinois, February 2009

"Does the Literature Match the Scholarship? An Examination of Sexual Abuse Perpetrators in Contemporary Adolescent Literature," at Baylor University's Annual Children's Literature Conference, Dallas, Texas, March 2003

"Adolescent Literature Breaks the Incest Taboo," at National Conference of the International Reading Association, New Orleans, Louisiana, May 2001

"Bibliotherapy for Traumatized Adolescents: Reading and Talking Help Victims Become Survivors," at National Conference of the International Reading Association, Indianapolis, Indiana, May 2000

"Managing Parental Concerns about Some Adolescent Literature's Graphic and Increasingly Violent Plotlines," at Southwest Regional Conference of the International Children's Literature

Association, Dallas, Texas, March 1999

"The State of Public Education in the United States: Teacher Education Students' Perspectives," with L F. Cross, E. J. Johnson, K. Giuntoli, and K. M. Peterson, at Annual Conference of the Midwestern Educational Research Association, Chicago, Illinois, October 1998

"I'm African American.' 'I'm Mexican American.' 'I'm Chinese American,' 'I'm Boring': Helping *All* Students Appreciate Their Diverse Heritages through Literature," at National Conference of the International Reading Association, Orlando, Florida, May 1998

"The Teaching of Educational Psychology: Comparisons across Student, Instructor, and Course Variables," with E. J. Johnson, at the Annual Conference of the Mid-Western Educational Research Association, Chicago. Illinois, October 1998

"Using Children's Non-fiction to Prepare Future Teachers to Understand the Diverse Backgrounds of Their Students," at Ninth Laurentian Regional Conference of the International Reading Association, Montreal, Canada, April 1997

"When Home Is NOT a Castle: SES through the Window of Children's Literature," at National Conference of the International Reading Association, New Orleans, Louisiana, May 1996

"Reading About Ourselves: Portrait of the Native American in Contemporary Trade Books for Children," at Southwest Regional Conference of the International Children's Literature Association, Phoenix, Arizona, March 1996

"Not Enough in the Basket: Too Few Children's Books with Asian American Protagonists," at National Conference of the International Reading Association, Toronto, Ontario, Canada, May 1994

"Meeting the Challenge: Co-Teaching and Collaboration," co-presenter, at Annual Conference of the American Association of Colleges for Teacher Education, San Diego, California, February 1993

"Future Teachers Embrace Diversity: A Field-based Approach," at Annual Conference of the Association of Teacher Educators, Los Angeles, California, February 1993

"Developing a Sense of Family in a Field-based Teaching Laboratory," at Annual Conference of the Association of Teacher Educators, Orlando, Florida, February 1992

"A Good Decision: To Collaborate and Co-teach," at Fall Conference of the Illinois Association of Teacher Educators, Effingham, Illinois, October 1991

"The Metamorphosis of Young Authors," at Second Laurentian Regional Conference of the International Reading Association, Montreal, Canada, April 1990

"Managing a Literature-based Reading Program," at International Conference of the International Reading Association, Queensland, Australia, July 1988

"Storytelling for Young Adults," at National Conference of the International Reading Association, Toronto, Ontario, Canada, May 1988

"Measuring School Climate," at New York State Education Department Conference on Enhancing School Climate, Albany, New York, August 1987

"Ray Bradbury: In the Tradition of H. G. Wells," at National Conference of the International Reading

Association, Anaheim, California, May 1987

"Producing Super-readers: Skills and Chills," at Northern Regional Conference of Delta Kappa Gamma, Plattsburgh, New York, October 1986

"What's New in Adolescent Literature?" at National Conference of the International Reading Association, Philadelphia, Pennsylvania, April 1986

"Metacomprehension Enhancement through Metacomposition," at National Conference of the International Reading Association, Philadelphia, Pennsylvania, April 1986

"Children's Literature: More than a Mirror," at Sixth Annual Current Trends in Reading Conference, Plattsburgh, New York, October 1985

"College Reading: Past and Presenting," at National Conference of the International Reading Association, New Orleans, Louisiana, May 1985

"A Review of Computer Software for the College Reading Center," at National Conference of the International Reading Association, Atlanta, Georgia, May 1984

"Writing Your Own Reading Center Tutor Handbook," at Conference on College Student Academic Support Programs, Dallas, Texas, October 1983

The Language Skills Survey: An Informal Screening Instrument for College-level Reading and Writing Skills," at National Conference of the International Reading Association, Anaheim, California, May 1983

"Poetry in the Elementary Classroom," at Southwest Regional Conference of the Children's Literature Association, Albuquerque, New Mexico, March 1983

"Supporting the Affective Needs of Re-entry Students," at Conference on College Student Academic Support Programs, Austin, Texas, October 1982

"Introducing Students to Adolescent Literature," at Baylor University's Annual Children's Literature Conference, Dallas, Texas, March 1982

"Individualizing College Reading/Study Skills Instruction," at Texas Conference of the International Reading Association, San Antonio, Texas, March 1982

"Non-traditional Color Symbolism in Susan Cooper's *The Dark Is Rising* Series," at National Conference of the Children's Literature Association, Gainesville, Florida, March 1982

"Overcoming the 'I Hate Poetry' Syndrome," at Northeast Texas Council of the International Reading Association, Paris, Texas, September 1981

"Affective Training for Test Anxiety Management," at National Conference of the International Reading Association, New Orleans, Louisiana, April 1981

"Test Anxiety Management: Review and Preview," at Conference of the Western College Reading Association, Dallas, Texas, April 1981

"L'Engle's *A Wind in the Door.* An Exercise in Philosophizing," at National Conference of the International Reading Association, St. Louis, Missouri, May 1980

"Developing a Content-centered Reading Program for College Students," at Southwest Regional

Conference of the International Reading Association, Albuquerque, New Mexico, February 1980

"Introducing Children to Poetry," at Texas State Conference of the International Reading Association, Corpus Christi, Texas, November 1979

"Effects of Affective Training on Test Anxiety and Reading Test Performance of College Students in Reading Improvement Classes," at National Conference of the International Reading Association, Atlanta, Georgia, April 1979

GSU SERVICE (Past and Present)

College of Education Library/Media/Technology Committee, Member

College of Education Personnel Committee, Member

College of Education Student Grievance Committee, Chair, Member

Division of Education Committee to Develop Criteria for Retention, Tenure, and Promotion of Faculty, Member

Division of Education Committee to Revise Criteria for Retention, Tenure, and Promotion of Faculty, Member

Division of Education Curriculum Committee, Member, Chair

Division of Education NCATE Re-accreditation Committee, Standard Chair, Report Editor

Division of Education Personnel Committee, Member, Co-chair

Division of Education Search Committees for Assistant Professors of Reading (2), Chair, Member

Division of Education Search Committee for Assistant Professor of Social Studies Methodology, Member

Division of Education Search Committees for Dean (2), Member

Division of Education Student Progress Committee, Member, Chair

Educator Preparation Provider Unit Committee to Revise Knowledge, Skills, and Dispositions Rubric for Students in Professional Education Programs, Editor

Elementary and Middle School Education Program, Member, Coordinator

Institutional Review Board, Member

Master of Arts in Education Program, Member

Mentor for the Association of Latin American Students

Professional Education Unit Committee to Develop Knowledge, Skills, and Dispositions Rubric for Students in Professional Education Programs, Editor

Reading Program, Coordinator, Member

University Academic Policies Committee, Member

University Curriculum Committee, Member

University Graduate Council, Member

University Committee to Re-design Student Evaluation of Instruction, Member

University Student Progress Committee, Member

University Writing across the Curriculum Committee, Member

VOLUNTEER AND COMMUNITY INVOLVEMENT

Volunteer, Cancer Support Center, Homewood, Illinois, 2002-2010

Volunteer, South Suburban Domestic Violence Shelter, Southern Cook and Will Counties, 1995-present

Volunteer, Crisis Hotline for Educators, Sponsored by Center for the Expansion of Language and Thinking, Tempe, Arizona, 1993-present.

Objective: Provide support for educators experiencing stress

Parent Education Group Leader, Program Consultant, and Volunteer Teacher for PROJECT EXCEL (Supplemental Education Program, Preschool through Junior High School), Okolona, Mississippi, 1996-present

Contributor, Governors State University Foundation, Donald W. Hansen Endowed Scholarship, 1990-present

Member, Board of Directors, Literacy Volunteers of America, South Suburban Cook and Will Counties Chapter, 1990-present

ONGOING RESEARCH INTERESTS

My research interests are fluid, in the past often inspired by the individuals and general populations with whom I have worked. I am currently interested in the integrative work being described by researchers and educators in the field of mindfulness and its role in contemplative education at K-20 levels. With colleagues I am currently developing and researching a curriculum in mindfulness for undergraduate elementary teachers as well as a specialization at the graduate level to enhance teachers' social/emotional competence, their ability to teach social/emotional skills in their classrooms, and their ability to maintain effective classroom management.